

## December 2017



### Lunch

**All meals served with milk: 1% White, Fat Free Chocolate**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Chili Crisпитos w/ Cheese Sauce Steam. Broccoli Steamed Corn Fresh Grapes	<b>2</b>
<b>3</b>	<b>4</b> Fish Shapes Potato Wedges Steam. Carrots Dinner Roll Applesauce	<b>5</b> Taco Salad w/ Chips & Cheese Refried Beans Chop. Lettuce Diced Pears	<b>6</b> Chicken and Noodles / Roll Mash. Potatoes Steam. Broccoli Tropical Fruit	<b>7</b> Spaghetti w/ Meat Sauce Tossed Salad Cherry Tomatoes Diced Peaches	<b>8</b> Pork Rib Sandwich French Fries Steamed Corn Apple Wedges	<b>9</b>
<b>10</b>	<b>11</b> Pork Pattie Mash. Potatoes Gravy / Roll Steamed Peas Mand. Oranges	<b>12</b> Chicken Sandwich French Fries Baked Beans Fresh Grapes	<b>13</b> Chili Saltine Crackers Baby Carrots Cinnamon Roll Mixed Fruit	<b>14</b> Ch. Breadsticks w/ Sauce Tossed Salad Cucumber Slices Diced Peaches	<b>15</b> Mini Corn Dogs Tater Tots Steam. Broccoli Applesauce	<b>16</b>
<b>17</b>	<b>18</b> Build Your Own Burrito Refried Beans Steamed Corn Mand. Oranges	<b>19</b> Ch. Nuggets Mash. Potatoes Gravy / Roll Steamed Carrots Diced Pears	<b>20</b> Hamburger Pattie / Bun French Fries Green Beans Apple Wedges	<b>21</b> Pepperoni Pizza Tossed Salad Cherry Tomatoes Mixed Fruit	<b>NO SCHOOL</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>Happy Holidays</b>						
<b>31</b>						

The National School Lunch Program Guidelines require we offer each student 5 Food Components:

1. Meat/Meat Alternate (Proteins)
2. Grains
3. Vegetables
4. Fruits
5. Milk

Students are allowed to accept only 3 of the 5 required food components, one of which **has** to be a fruit or vegetable. **We encourage every student to take all the foods that are offered!!**

This Institution is an Equal Opportunity Provider

Any food item followed by an \* may contain Peanut Butter

Menu subject to change without notice