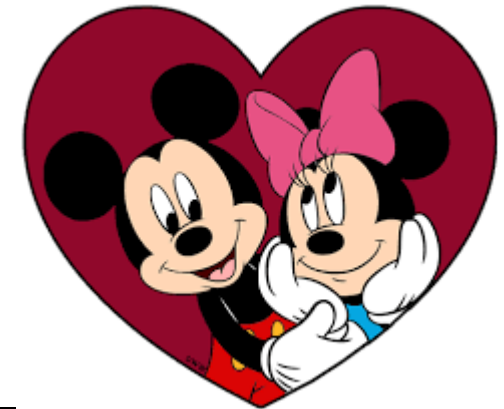




February 2018



**Lunch** All meals are served with milk: 1% White, Fat Free Chocolate

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Happy Valentine's Day</i>		<b>1</b> Pepperoni Pizza / Salad Ch. Tomatoes Cucumber Sl. Pineapple Bits	<b>2</b> Ham, Turkey Cheese Sand. Potato Wedges Baked Beans Fresh Banana	<b>3</b>
<b>4</b>	<b>5</b> Fish Shapes French Fries Steam. Carrots Dinner Roll Diced Pears	<b>6</b> Taco Meat Tortilla Chips Cheese/Lettuce Refried Beans Fresh Grapes	<b>7</b> Chicken and Noodles / Roll Mash. Potatoes Steam. Broccoli Applesauce	<b>8</b> Spaghetti w/ Meat Sauce Tossed Salad Ch. Tomatoes Diced Peaches	<b>9</b> Chicken Egg Roll Steamed Rice Steamed Corn Tropical Fruit	<b>10</b>
<b>11</b>	<b>12</b> Chicken Fry Steak / Roll Mash. Potatoes Gravy / Peas Mand. Oranges	<b>13</b> Chicken Sandwich Baked Beans Tater Tots Apple Wedges	<b>14</b> Chili Crispitos Steam. Broccoli Green Beans Mixed Fruit	<b>15</b> Cheese Breadsticks Sauce / Salad Cucumber Sl. Diced Pears	<b>16</b> Chili Saltine Cracker Baby Carrots Cinnamon Roll Diced Peaches	<b>17</b>
<b>18</b>	<b>19</b> <b>NO SCHOOL</b>	<b>20</b> Burrito Meat / Tortilla Refried Beans Steamed Corn Applesauce	<b>21</b> Pork Pattie Mash. Potatoes Gravy / Roll Steam. Carrots Pineapple Bits	<b>22</b> Corn Chips Chili Topping Tossed Salad Ch. Tomatoes Mand. Oranges	<b>23</b> Chicken Nuggets / Fries Green Beans Dinner Roll Fresh Grapes	<b>24</b>
<b>25</b>	<b>26</b> Hamburger w/ Bun French Fries Baked Beans Diced Pears	<b>27</b> Ham Slice Mac-n-Cheese V. Juice / Peas Breadstick Mixed Fruit	<b>28</b> Chili Saltine Cracker Baby Carrots Cinnamon Roll Diced Peaches			

The National School Lunch Program Guidelines require we offer each student 5 Food Components:

1. Meat/Meat Alternate (Proteins)
2. Grains
3. Vegetables
4. Fruits
5. Milk

Students are allowed to accept only 3 of the 5 required food components, one of which **has** to be a fruit or vegetable. **We encourage every student to take all the foods that are offered!!**

**This Institution is an Equal Opportunity Provider**

Any food item followed by an \* may contain Peanut Butter

Menu subject to change without notice