



December 2018



Lunch All meals served with milk: 1% White, Fat Free Chocolate

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Chicken Sandwich Baked Beans Tri-Tater Apple Wedges	4 Chili Saltine Crackers Baby Carrots Cinnamon Roll Diced Peaches	5 Corn Dog Potato Wedges Green Beans Sugar Cookie Frozen Fruit Cup	6 Pepperoni Pizza Tossed Salad Ch. Tomatoes Mixed Fruit	7 Pork Pattie Mash. Potatoes Gravy / Roll Steamed Peas Diced Pears	8
9	10 Chicken and Noodles / Roll Mashed Potatoes Steam. Broccoli Mand. Oranges	11 Taco Meat Chips & Cheese Refried Beans Chopped Lettuce Pineapple Bits	12 Seasoned Chicken / Rice Tortilla / Carrots Green Beans Mixed Fruit	13 Spaghetti w/ Meat Sauce Salad/Cucumbers Breadstick Diced Peaches	14 Fish Shapes French Fries Steamed Corn Dinner Roll Fresh Grapes	15
16	17 Turkey Fritter Mashed Potatoes Gravy / Roll Steamed Peas Diced Pears	18 Smokies Mac-n-Cheese V. Juice / Corn Breadstick Mand. Oranges	19 Hamburger Pattie / Bun French Fries Baked Beans Apple Wedges	20 Ch. Breadsticks w/ Sauce Tossed Salad Baby Carrots Diced Peaches	21 Chicken Nuggets / Roll Tater Tots Steamed Broccoli Mixed Fruit	22
23	24	25	26	27	28	29
30	HAPPY HOLIDAYS					

The National School Lunch Program Guidelines require we offer each student 5 Food Components:

1. Meat/Meat Alternate (Proteins)
2. Grains
3. Vegetables
4. Fruits
5. Milk

Students are allowed to accept only 3 of the 5 required food components, one of which has to be a fruit or vegetable. **We encourage every student to take all the foods that are offered!**

This Institution is an Equal Opportunity Provider

Any food item followed by an * may contain Peanut Butter

Menu subject to change without notice