




January 2020



**Lunch**

All meals served with milk: 1% White, 1% Chocolate

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1 NO SCHOOL</b>	<b>2 NO SCHOOL</b>	<b>3 NO SCHOOL</b>	<b>4</b>
<b>5</b>	<b>6</b> Turkey Fritter / Roll Mash. Potatoes Gravy / Peas C. Applesauce	<b>7</b> Chicken Sandwich French Fries Steam. Carrots Apple Wedges	<b>8</b> BBQ Chick. Drummies/ Roll Tater Tots Steam. Broccoli Pineapple Bits	<b>9</b> Eagle Nacho Dip / Chips Tossed Salad Refried Beans Diced Pears	<b>10</b> Sausage Pizza / Corn Green Beans Brownie * Mand. Oranges	<b>11</b>
<b>12</b>	<b>13</b> Corn Dog Potato Wedges Green Beans Cheerios Treat* Fresh Grapes	<b>14</b> Chili Saltine Crackers Steamed Corn Cinnamon Roll Diced Peaches	<b>15</b> Hamburger Pattie / Bun French Fries Baked Beans Mixed Fruit	<b>16</b> Fiestada Pizza Tossed Salad Fresh Broccoli R. Applesauce	<b>17</b> Chicken Strips / Roll Mash. Potatoes Gravy/ Carrots Pineapple Bits	<b>18</b>
<b>19</b>	<b>20 NO SCHOOL</b>	<b>21</b> Chicken & Noodles / Roll Mash. Potatoes Steam. Broccoli Diced Pears	<b>22</b> Burrito Meat Tortilla Shell Refried Beans Steamed Corn Peach Crisp	<b>23</b> Ch. Breadsticks w/ Sauce Tossed Salad Cucumber Sl. Mand. Oranges	<b>24</b> Chicken Nuggets / Roll French Fries Steam. Carrots Apple Wedges	<b>25</b>
<b>26</b>	<b>27</b> Fr. Toast Sticks/Sausage Pattie /Tri-Tater Veg. Juice C. Applesauce	<b>28</b> Sloppy Jo Sandwich Baked Beans French Fries Fresh Grapes	<b>29</b> Chili Crispito Cheese Sauce Broccoli / Corn Cookie Mixed Fruit	<b>30</b> Cheese Pizza Tossed Salad Baby Carrots Diced Peaches	<b>31</b> Pork Pattie Mash. Potatoes Gravy / Roll Steamed Peas Diced Pears	

The National School Lunch Program Guidelines require we offer each student 5 Food Components:

1. Meat/Meat Alternate (Proteins)
2. Grains
3. Vegetables
4. Fruits
5. Milk

Students are allowed to accept only 3 of the 5 required food components, one of which has to be a fruit or vegetable. **We encourage every student to take all the foods that are offered!!**

**This Institution is an Equal Opportunity Provider**

Any food item followed by an \* may contain Peanut Butter

Menu subject to change without notice